

ANAND COLLEGE OF PHARMACY

Pharma - Buzz

E - NEWS LETTER

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Director's Message

Congratulations on our new edition of our college e-news letter Pharmabuzz from Anand College of Pharmacy. Please, keep up the good work, media team. I also appreciate the efforts of the good work of all our team as well as students as outlined in this edition of regular e-news letter of the college.

The new academic session in 2022 has already started and we are presented with yet another task of getting and keeping our students physically in their classes post corona.

From last 02 years we all passed through a tough time due to covid pandemic which has created havoc globally with loss of millions of lives apart from huge economic crisis all over the world.

The whole academic world has also gone online. But as we gradually came back to normal rhythm of life, it is imperative that we normalize our academic routine with excellence by improving student's attendance further in all classes. And we would like to see this positively reflected in the university results of this new academic session.

This semester the efforts to be directed towards good results of our students in their respective subjects, aiming to have a good university rank of the college and participation of all students in all extracurricular activities including industrial tour and training or research projects building activities. All faculties are also encouraged for paper publications in peer reviewed, SCOPUS indexed journals and online NPTEL training. Make your individual contribution strong and work as a good team. We also extend our best of luck to our admission team for full admissions in Pharmacy this year again.

Everyone is now attending college in person after the full vaccination in your respective classes and labs; I would still like you all to be careful for an initial months with these three precautions as you are already aware, mask, sanitize and maintain social distancing for the time being, till the covid threat fully phase out.

After facing the global covid pandemic for almost 02 years in row, we were looking at the war like situation prima facie, elsewhere in the world which again affected all the countries obviously. The world is passing through a very delicate, precarious phase. It's an incentive to take each day as a new blessing to give the best of your ability towards fulfilling your personal and professional goals.

As, its only when we live in the present that life is lived deeply.

All the Best,
Prof. (Dr.) K. J. Gohil

HIGHLIGHTS

- World Pneumonia Day on 12 November, 2021
- IAEC Meeting, CPCSEA, Govt. of India on 12 November, 2021
- Institutions Innovation Cell (IIC) received 3 STARS rating from the (MOE)
- Fresher's Party on 24 December, 2021
- Institutions Innovation Cell (IIC) organized an online lecture on 24th February 2022
- International Women's Day on 8 March, 2022
- Free Tablet Distribution to D.Pharm. Students on 14 March, 2022
- Parallel Technical Session of Biosci-Con, 2022 on 15 April, 2022
- Blood Donation Camp on 22 April, 2022
- Earth Day Celebration on 22 April, 2022
- Farewell Cricket Tournament on 19 May, 2022
- Free Tablet Distribution to B.Pharm. Students on 20 May, 2022
- Farewell Party for 12th outgoing Batch on 20 May, 2022.
- MoE, Govt. of India grant fund for Impact Lecture Series
- Training Session on Menstrual Health and Hygiene for Women on 4 June, 2022
- YOGA Day on 21 June, 2022
- Faculty Achievements
- Faculty Corner
- Students Achievements
- First Year Students of Diploma in Pharmacy secure more than 85% Marks in BTE exams
- First Year Students of Bachelor in Pharmacy secure more than 85% Marks in AKTU
- Excellent Performance by students of Second year Bachelor in Pharmacy in the AKTU Third Semester Examination

EVENTS

AWARENESS PROGRAMME ON “WORLD PNEUMONIA DAY” ON 12 NOVEMBER, 2021

An Awareness Programme on “World Pneumonia Day” was organized at Anand College of Pharmacy, SGI, Agra on 12 November, 2021 with the theme “Stop Pneumonia- Every Breath Counts”

All students, Faculty and staff members participated in this awareness programme with great enthusiasm. The students presented excellent PowerPoint & Poster Presentations regarding the management of Pneumonia to create awareness.

Prof. (Dr.) K J. Gohil, Dean and **Prof. (Dr.) Gyanendra Kumar Sharma**, CAC, Anand College of Pharmacy congratulated all students, faculty and staff members for organizing this awareness programme with great zeal and appreciated them for their active participation.

In Powerpoint Oral Presentation Anjali Chauhan (B. Pharm., 2nd year, Sec-A), Yash Saxena (B.Pharm, 1st year, Sec-B) and Vishal Sharma (B.Pharm, 1st year, Sec-B) secured First, Second and Third positions respectively.

In Poster Presentation Chavi Sharma (B.Pharm, 2nd year, Sec-A), Nandini Gupta (B. Pharm. 1st year, Sec-B) and Sanskriti Ojha (B.Pharm, 1st year, Sec-B) secured First, Second and Third Position respectively.

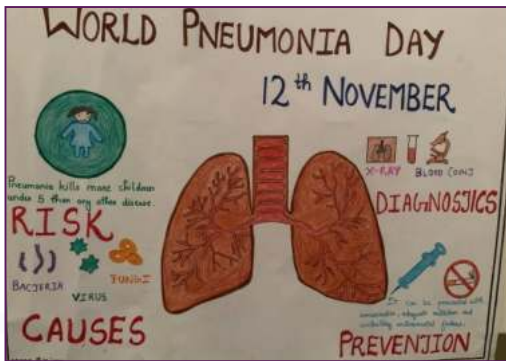
The judges of the event were **Dr. Rekha T. Rajput**, **Dr. Ritesh Kumar**, **Dr. Gyanendra Singh** and **Dr. Deepali Pandey**.

The event was coordinated by faculty members, **Mrs. Khushboo Lavania**, **Ms. Ashini Singh** and **Ms. Diksha Singh**.

“When you have a dream, you've got to grab it and never let go.”

- Carol Burnett

WORLD PNEUMONIA DAY



“Nothing is impossible. The word itself says 'I'm possible!'”

— Audrey Hepburn

IAEC MEETING, CPCSEA, GOVT. OF INDIA ON 12 NOVEMBER, 2021

Meeting of the institutional Animal Ethics Committee (IAEC), Anand College of Pharmacy was held on 26/11/2021 on the digital platform at 11:00 AM. The meeting was conducted as per the guidelines of CPCSEA. The meeting was held in the presence of Prof. **(Dr.) Kashmiri J. Gohil** (Chairperson), **Dr. U.D. Gupta** (Main Nominee, CPCSEA), **Dr. Debapriya Garababu** (Link Nominee, CPCSEA), **Dr. Vivek Kumar Srivastava** (Scientist from outside the institute, CPCSEA) along with faculty members such as **Prof. (Dr.) Gyanendra Kumar Sharma** (Scientist from a different discipline, IAEC), **Mr. Vikas Sharma** (Asst. Prof & Member Secretary, IAEC), **Dr. Gyanendra Singh** (Asst. Prof.& Biological Scientist, IAEC).

In this meeting Progress of previously approved protocols was discussed to all the members to their satisfaction, as the thesis Viva Voce based on the above research protocol was defended successfully by the M. Pharm. students, and the research paper was also published in peer reviewed, Scopus indexed journal. Committee has also asked about the status of animals used previously and suggested keeping and maintaining them with regular feed and water as per CPCSEA protocol.



“There is nothing impossible to them who will try.”

— Alexander the Great

INSTITUTIONS INNOVATION CELL (IIC) RECEIVED 3 STARS RATING FROM THE MOE, GOI FOR SESSION 2020-21

Institutions Innovation Cell (IIC) at Anand College of Pharmacy, SGI, Agra received a 3 STARS rating from the Ministry of Education (MOE), Government of India for session 2020-21. The IIC was established in 2018 at Anand College of Pharmacy, Agra. The main objective of the IIC is to encourage, inspire and nurture faculties as well as students by supporting them to work on new innovative ideas and transform them into prototypes. The rating was done on the basis of completing 12 activities in two semesters and uploading all the reports and participation of prescribed activities instructed by MOE.

Dr. Deepali Pandey (President, IIC), **Dr. Ritesh Kumar** (Convener, IIC) along Mr. Amit Kumar Baghel (Student, B. Pharm.) worked in Institution Innovation Cell to achieve this goal under the able guidance and supervision of **Prof. (Dr.) Kashmira J. Gohil**, Dean, Anand College of Pharmacy, Agra.

Dean of the college, **Prof. (Dr.) Kashmira J. Gohil** congratulated all the members of the IIC on this success.

The Vice Chairman of the SGI group, **Shri Y. K. Gupta** and Executive Vice president, **Prof. V. K. Sharma** also appreciated the efforts of the IIC team for the same.



आईआईसी को थ्री स्टार रेटिंग

AGRA (6 Dec.) : एसजीआई ग्रुप के आनंद कॉलेज ऑफ फार्मेसी में बनी इंस्टीट्यूशंस इनोवेशन सेल को शिक्षा मंत्रालय की ओर से तीन स्टार रेटिंग मिली है. कॉलेज के डीन प्रो. कश्मीर जे. गोहिल ने आईआईसी के सदस्यों को बधाई देते हुए बताया कि 2018 में आईआईसी की शुरुआत नए विचारों के साथ शिक्षकों और स्टूडेंट्स को प्रोत्साहित करने के उद्देश्य से हुई थी. इसमें आईआईसी की प्रेसिडेंट डॉ. दीपाली पांडे, डॉ. रितेश कुमार, अमित बघेल ने काम किया.

“Keep your face always toward the sunshine, and shadows will fall behind you.”

— Walt Whitman

FRESHER'S PARTY ON 24 DECEMBER, 2021

The students of Anand College of Pharmacy (SGI), Agra organized a Freshers' Party to welcome the new Batch of B. Pharm. & D. Pharm. students at Sir C V Raman Auditorium on 24 December, 2021. After the inauguration of the program and Saraswati Vandana, **Prof. (Dr.) Kashmira J. Gohil**, Dean, Anand College of Pharmacy, Agra welcomed all the newcomer students with a motivational speech, pointing out that Freshers' party is a chance to cultivate the everlasting friendship among all while enjoying with spirit and advised all newcomers to follow academic schedules punctually amidst the strict Covid-19 protocols.

Prof. V. K. Sharma, Executive Vice president, SGI, Agra addressed and motivated students conveying that life is a celebration and appealed to everyone to be focused upon professional competence, skills, knowledge, and good attitude to create a strong foundation in order to lead a successful life forever.

Prof. (Dr.) Gyanendra Kumar Sharma, CAC motivated all newcomers to increase their academic performance and advised them to gain all the knowledge from this prestigious organization so that they can achieve milestones in their lives.

On this occasion, the students of the first year and second year B. Pharm. & D. Pharm. presented varied cultural programs with great enthusiasm and flying colors.

Mr. Vishal Sharma and Ms. Ritika Yadav (B.Pharm. 1st Year), Mr. Sanjeev Kumar and Ms. Pooja Verma (D. Pharm. 1st Year) were chosen as the "Mr. and Ms. Fresher" and were felicitated by the Dean, **Prof. (Dr.) K. J. Gohil** and the **Prof. (Dr.) Gyanendra Kumar Sharma**.

The whole event was coordinated by **Mrs. Khushboo Lavania**, **Mr. Gurvinder Pal Singh**, **Mr. Vikas Sharma**, **Ms. Ashini Singh**, and **Mr. Gaurang Sharma**.

Shri **Y. K. Gupta**, Hon. Vice-Chairman, SGI, conveyed his blessings to all staff and students of Anand College of Pharmacy on the occasion.

"You define your own life. Don't let other people write your script."

— Oprah Winfre

FRESHER'S PARTY



"You are never too old to set another goal or to dream a new dream."

— Malala Yousafzai

FRESHER'S PARTY



**“Do not allow people to dim your shine because they are blinded.”
Tell them to put some sunglasses on.”**

- Lady Gaga

FRESHER'S PARTY



"You don't always need a plan. Sometimes you just need to breathe, trust, let go and see what happens."

— Mandy Hale

FRESHER'S PARTY



“You can be everything. You can be the infinite amount of things that people are.”

— Kesha

FRESHER'S PARTY



फ्रेशर पार्टी का आयोजन किया

आगरा। आनंद कॉलेज ऑफ फार्मसी एसजीआई आगरा में फ्रेशर्स पार्टी हुई। शुभारंभ प्रो. डॉ. कश्मीरा जे गोहिल ने से किया। उन्होंने कहा कि फ्रेशर्स पार्टी सीनियर और जूनियर छात्रों के बीच चिरस्थायी मित्रता करने का मौका होता है। वीके शर्मा ने क्षमता, कौशल और व्यवहार को विकसित करने के लिए प्रेरित किया। संजीव कुमार और पूजा वर्मा को मिस्टर और मिस फ्रेशर के सम्मान से नवाजा गया।



कार्यक्रम में पौधे भेंट किए गए।

“What lies behind you and what lies in front of you, pales in comparison to what lies inside of you.”

— Ralph Waldo Emerson

INSTITUTIONS INNOVATION CELL (IIC) ORGANIZED AN ONLINE LECTURE ON 24 FEBRUARY, 2022

Anand College of Pharmacy, SGI, Agra organized an online lecture on 24th February 2022 as one of the lecture series organized under Institutions Innovation Cell (IIC). The invited guest speaker, **Dr. Sanchita Chaudhary**, Deputy General Manager, Specialized Services of Biotechnology Industry Research Assistance Council (BIRAC) delivered her talk on “Design Thinking, Critical Thinking & Innovation Design”.

Prof. (Dr.) Kashmira J. Gohil, Dean, Anand College of Pharmacy welcomed the guest speaker and highlighted the difference between creativity and innovation and stated that not only the 'out of box' thinking but implementation is as important.

More than 50 delegates joined the session online, including faculties and students of the college. **Dr. Deepali Pandey** (President, IIC, and Assistant Professor), **Dr. Ritesh Kumar** (Convener, IIC, and Associate Professor) were the main coordinators of the event who thanked all, for the successful completion of the online lecture. The students found the online lecture very informative. The Executive Vice president of the SGI group **Prof. V. K. Sharma** also appreciated the efforts of the IIC team for the same.

आनंद कॉलेज ऑफ फार्मसी में ऑनलाइन व्याख्यान

आगरा। शारदा ग्रुप के संस्थान आनंद कॉलेज ऑफ फार्मसी के इंस्टीट्यूट्स इनोवेशन सेल (आईआईसी) ने ऑनलाइन व्याख्यान श्रृंखला के तहत ऑनलाइन व्याख्यान का आयोजन किया। आमंत्रित अतिथि वक्ता डॉ. संचिता चौधरी, उप महाप्रबंधक, जैव-प्रौद्योगिकी उद्योग विशिष्ट सेवाएं

अनुसंधान अस्सिस्टेंस काउंसिल (बीआईआरएसी) ने डिजाइन थिंकिंग, क्रिटिकल थिंकिंग एंव इनोवेशन डिजाइन पर व्याख्यान प्रस्तुत किया।

आनंद कॉलेज ऑफ फार्मसी के डीन प्रो. डॉ. कश्मिरा जे गोहिल ने रचनात्मकता और इनोवेशन के बीच अंतर पर प्रकाश डाला। कॉलेज के शिक्षकों और छात्रों



व्यावसायिक गतिविधि

सहित 50 से अधिक प्रतिनिधि ऑनलाइन सत्र में शामिल हुए। डॉ. दीपाली पांडे (अध्यक्ष, आईआईसी और सहायक प्रोफेसर), डॉ. रितेश कुमार (संयोजक एवं एसोसिएट प्रोफेसर) कार्यक्रमरूम के मुख्य समन्वयक थे। शारदा ग्रुप के कार्यकारी उपाध्यक्ष प्रो. वीके शर्मा ने आईआईसी टीम की सराहना की।

“It is during our darkest moments that we must focus to see the light.”

— Aristotle

INTERNATIONAL WOMEN'S DAY ON 8 MARCH, 2022

Anand College of Pharmacy, Agra celebrated International Women's Day with great zeal and enthusiasm on the theme of "Gender Equality towards Sustainable Tomorrow" on 8th March 2022 to pay tribute to the women. This day commemorates the economic, political, and social achievements of women.

Prof. (Dr.) Kashmira J. Gohil, Dean congratulated the strong women team of the college and motivated all, discussing the aspects of women empowerment and gender equality, the need for making the women physically, mentally, socially and spiritually strong at the grass-root level for the overall progress and that how women can be positively successful in their lives by overcoming the obstacles that may come in the way.

Prof. (Dr.) Gyanendra Kumar Sharma, CAC emphasized what today's women have achieved and how women are growing in various sectors. **Dr. Rekha T. Rajput**, COE plead for the need of gender equality and recognizing the achievements of women in different areas.

Mr. Gurvinder Pal Singh (Asst. Prof.) affirmed as to how the women are making their own marks in each area today.

On this occasion, the students of B. Pharm & D. Pharm presented varied cultural programs with great enthusiasm and flying colors. On this occasion, other teaching staff members shared their ideas and encouraged the students towards the dignity and respect of women as per their key roles in society.

Mrs. M. Shamshath Begum (Asst. Prof.) and **Mrs. Khusboo Lavania** (Asst. Prof.) were the coordinators of the event who concluded the event with vote of thanks for the successful completion of this event. The Executive Vice president of the SGI group **Prof. V. K. Sharma** and Hon. Vice chairman **Shri Y. K. Gupta** conveyed their blessings to all women staff and students on the occasion.

"In a gentle way, you can shake the world."

— Mahatma Gandhi



“Life is like riding a bicycle. To keep your balance, you must keep moving.”

— *Albert Einstein*



"We generate fears while we sit. We overcome them by action."

— Dr. Henry Link



“What you get by achieving your goals is not as important as what you become by achieving your goals.”

- Zig Zigla

FREE TABLET DISTRIBUTION TO D.PHARM. STUDENTS ON 14 MARCH, 2022

D. Pharm. students of Anand College of Pharmacy, Sharda group of institutions, Agra received the free digital tablets under Digishakti scheme launched by U.P Government on 14/03/22 for the technical upgrade as a part of ICT based education.

Prof. (Dr.) Kashmira J. Gohil, Dean applauded the commending steps taken by U. P. Government under Digishakti portal for complementary distribution of laptops, Tablets or Smartphones in various selected educational institutions for digital and technical empowerment of students and congratulated all the students of D. Pharm. for being benefitted and empowered by this scheme. She also informed students that in addition to it, the educational and career-related contents would also be provided to the beneficiaries.

Prof. (Dr.) Gyanendra Kumar Sharma, CAC also congratulated all the students.

All Students were pleased and excited after receiving tablets and shared their feedback enthusiastically.

Mr. Vikas Sharma, Asst. Registrar presented the vote of thanks. The Executive Vice president of the SGI group **Prof. V. K. Sharma** and **Hon. Vice-chairman Shri Y. K. Gupta** conveyed their gracious pleasure and blessings to all beneficiary students on the occasion.



“Learning how to be still, to really be still and let life happen—
that stillness becomes a radiance.”

— Morgan Freeman



“You are never too old to set another goal or to dream a new dream.”

— C.S. Lewis




आनंद कॉलेज ऑफ फार्मसी में टेबलेट मिलने के साथ शिक्षकों के साथ खड़े छात्र।

छात्रों को मिले टेबलेट, खिले चेहरे

आगरा। आनंद कॉलेज ऑफ फार्मसी के छात्रों को सरकार की योजना के तहत टेबलेट प्रदान किए गए। प्रो. कश्मीरा जे. गोहिल ने कहा कि इस योजना के तहत मिले टेबलेट छात्रों को तकनीकी रूप से सशक्त करेंगे। साथ ही उन्हें आगे बढ़ने में मदद करेंगे। छात्रों को टेबलेट मिलने पर सीएसी प्रो. ज्ञानेन्द्र कुमार शर्मा ने बधाई दी। कार्यक्रम में सहायक कुलसचिव विकास शर्मा मौजूद रहे।

“Ups and downs in life are very important to keep us going because a straight line, even in an ECG. means we are not alive”

— Ratan Tata

ANAND COLLEGE OF PHARMACY ORGANIZED A PARALLEL SCIENTIFIC SESSION OF BIOSCI-CON, 15 APRIL, 2022 AT HCST

Anand College of Pharmacy organized a parallel scientific session at Hindustan College of Science and Technology, Mathura on 15 April 2022 of the 4-day International Convention (Biosci - Con, 2022, World Bioscience Congress) in collaboration with Indian Society of Genetics, Biotechnology Research and Development, Agra.

On second day of the event, technical session- II, A scientific session was chaired by **Prof. (Dr.) Kashmira J. Gohil**, Director, Anand College of Pharmacy along with co- chairperson **Dr. Raj Vir Singh**, Associate Professor, RBS College, Agra and **Dr. Brijesh Chaturvedi**, HOD Horticulture, RBS College, Agra. **Prof. (Dr.) Gyanendra Kumar Sharma**, CAC was among the judges of the poster presentation competition.

The M. Pharm students enthusiastically participated and presented review papers in the oral presentation session. The staff members who co-ordinated the event along with HCST were **Dr. Deepali Pandey** (Asst. Prof.), **Mrs. M. Shamshath Begum** (Asst. Prof.) and **Mr. Ravi Kumar** (Asst. Prof.).



“Don’t follow the crowd. Let the crowd follow you.”

— Margaret Thatcher

ANAND COLLEGE OF PHARMACY ORGANIZED A PARALLEL SCIENTIFIC SESSION OF BIOSCI-CON, 15 APRIL, 2022 AT HCST



“The way to get started is to quit talking and begin doing.”

— Walt Disney

BLOOD DONATION CAMP, 22 APRIL, 2022

Anand College of Pharmacy collaborated with Anand Engineering College to organize a Blood Donation Camp in Anand campus, Agra on 22nd April 2022. Students and faculty members of Anand College of Pharmacy actively participated in the event to donate blood to Lokhitam Blood Bank, Kamla Nagar. More than 50 students of the college donated blood from a total 100 participants.

Shri Prabhu N. Singh, District Magistrate- Agra was the chief guest of this event. In this blood donation camp lions club members, **Ms. Sangeeta Goyal** and **Ms. Kalpana** were present. Dean, Anand College of Pharmacy, **Prof. (Dr.) K. J. Gohil** congratulated **Mr. Gaurav Singh Sikarwar (Assistant Professor)** for successfully coordinating the blood donation camp from Anand College of Pharmacy along with **Dr. Rampal Singh** and thanked and **Hon. Vice-Chairman Shri Y. K. Gupta**, **Executive Vice president of the SGI**, **Prof. V. K. Sharma** and **director AEC, Dr. Shailendra Singh** for giving this opportunity to fulfill an important social cause.



“None can destroy iron, but its rust can. Likewise, none can destroy a person, but his own mindset can.”

— Ratan Tata



विद्यार्थियों ने संयुक्त रूप से किया रक्तदान

आगरा। आनंद कॉलेज ऑफ फार्मसी ने आनंद इंजीनियरिंग कॉलेज के साथ संयुक्त रूप से रक्तदान शिविर का आयोजन किया। सौ विद्यार्थियों ने रक्तदान किया। आनंद कॉलेज के छात्रों की संख्या 50 से अधिक रही। रक्तदान में लायंस क्लब की संगीता गोयल, कल्पना उपस्थित रहीं। गौरव सिंह सिकरवार सहायक प्रो. आनंद कॉलेज, फार्मसी के डॉ. रामपाल सिंह व अन्य थे।

“The day I am not able to fly will be a sad day for me.”

— Ratan Tata

EARTH DAY CELEBRATION ON 22 APRIL, 2022

Anand College of Pharmacy, SGI, Agra celebrated “**Earth Day**” on 22nd April 2022 on the theme "Invest in Our Planet". Students, Faculty, and staff members celebrated Earth Day with great enthusiasm and zeal and took part in plantation activities at the Herbal Garden of the college. **Prof. (Dr.) Kashmira J. Gohil**, Dean congratulated all the staff to take on such an important initiative to celebrate earth day and discuss the importance of sustainable energy, ecosystem and natural resources with an earnest appeal to everyone to contribute daily at an individual level to save and sustain our planet earth.

Dr. Rekha T. Rajput, COE and Prof. Gyanendra Kumar Sharma, CAC, discussed the importance of Earth Day. All students enthusiastically participated in constructive activities such as '**Poster Making**' and '**Rangoli**' to showcase their artistic and creative skills. In Poster Presentation, Ms. Nandini Gupta (B. Pharm. 1st year) secured the first position and Ms. Pooja Verma (D. Pharm, 1st year) secured the second position and Mr. Varun Yadav (D. Pharm. 1st year) secured the third position respectively. In Rangoli Competition, **Ms. Pragati Chaudhary, Ms. Neha Rathore, and Ms. Nandini Gupta** secured the first position, **Ms. Manisha Jha, Ms. Rajni, Ms. Shashi Jha, Ms. Pooja Verma, and Ms. Radhika Saraswat** secured second positions respectively.

The judges of the event were **Dr. Ritesh Kumar (Associate Professor), Dr. Jyoti Kulshrestha (Assistant Professor, AEC), Dr. Hemlata Jain (Assistant Professor, AEC), and Dr. Roopa Rajput (Librarian)**. **Mrs. M. Shamshath Begum (Asst. Prof.)** was the coordinator of the event and concluded the event with a vote of thanks for the successful completion of this event. The Executive Vice president of the SGI group, **Prof. V. K. Sharma, and Hon. Vice-chairman Shri Y. K. Gupta** congratulated all the students, faculty, and staff members on this occasion.



“A person who is trying to copy others will be a successful person for a while, but he won't be able to succeed further in life.

— Ratan Tata



आनंद कॉलेज में मनाया गया पृथ्वी दिवस

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AGRA (27 April) : आनंद कॉलेज ऑफ फार्मेसी में पृथ्वी दिवस मनाया गया। डीन प्रो. कश्मीर जे. गोहिल, प्रो. डॉ. ज्ञानेंद्र कुमार शर्मा, डॉ. रेखा टी. राजपूत ने स्टूडेंट्स को पृथ्वी को बचाए रखने के लिए वक्तव्य दिए। पोस्टर प्रजेंटेशन में नंदिनी गुप्ता ने पहला, पूजा ने दूसरा, वरुण यादव ने तीसरा स्थान प्राप्त किया। निर्णायक की भूमिका में डॉ. रितेश कुमार, डॉ. ज्योति कुलश्रेष्ठ, डॉ. हेमलता जैन रहे.

“Life is like a game of cards. The hand that is dealt you is determinism; the way you play it is free will.”

— Jawahar Lal Nehru



EARTH DAY CELEBRATION



“Facts are facts and will not disappear on account of your likes.”

— Jawahar Lal Nehru

FAREWELL CRICKET TOURNAMENT ON 19 MAY, 2022 FOR B. PHARM. FINAL YEAR STUDENTS VS. B. PHARM. 3rd YEAR

A **Farewell cricket match** was organized between the B. Pharm. third year and final year B. Pharm. students of **Anand College of Pharmacy** at the cricket stadium of Anand campus on 19 May 2022. In the interesting, fast paced, exciting moments in the final over, the third year B. Pharm team scored 6 runs and won the match overcoming the target of 168 runs scored by the final year team by 5 wickets in the allotted 15 overs and took the coveted trophy home.

Mr. Sumit Pachauri of B. Pharm. III Year was adjudged the man of the match. **Mr. Abhishek Sharma** took the maximum 70 runs and **Mr. Saif Khan** took the maximum 3 wickets in the match played. In the post-match ceremony, **Prof. (Dr.) K. J. Gohil, Dean** congratulated the winning team as well as all the students who played and appreciated the spirit and sportsmanship with which this farewell match was played to promote the unity between the students with great enthusiasm. **Shri Y. K. Gupta, the hon Vice chairman of the group, SGI, Prof. V. K. Sharma, the Executive Vice President (EVP) and the Prof. (Dr.) K. J. Gohil, the Dean** of the college applauded the spirit of students with a "well done" comment.

The event was coordinated by sports coordinators **Mr. Gaurav Singh Sikarwar (Assistant Professor) and Mr. Saurabh Bhardwaj (Assistant Professor)**.



“Look deep into nature, and then you will understand everything better.”

— Albert Einstein



फेयरवेल मैच में बीफार्मा तृतीय वर्ष के छात्र जीते

आगरा : आनंद कालेज ऑफ फार्मसी में बीफार्मा तृतीय और चतुर्थ वर्ष के छात्रों के बीच फेयरवेल क्रिकेट मैच हुआ। बीफार्मा चतुर्थ वर्ष के छात्रों ने 15 ओवर में 167 रन बनाए। बीफार्मा तृतीय वर्ष के छात्रों ने पांच विकेट खोकर निर्धारित लक्ष्य प्राप्त कर लिया। अभिषेक शर्मा ने सर्वाधिक 70 रन बनाए। सैफ खान ने सर्वाधिक तीन विकेट लिए। मैन ऑफ द मैच सुमित पचौरी को चुना गया। कालेज के डीन प्रो. केजे गोहिल ने विजेता व उपविजेता टीम को बधाई दी। शारदा ग्रुप ऑफ इंस्टीट्यूट के उपाध्यक्ष वाईके गुप्ता, कार्यकारी उपाध्यक्ष प्रो. वीके शर्मा ने खिलाड़ियों की खेल भावना को सराहा। संचालन गौरव सिंह सिकरवार व सौरभ भारद्वाज ने संयुक्त रूप से किया। (वि.)



आनंद कॉलेज ऑफ फार्मसी में टूर्नामेंट

आगरा। आनंद कॉलेज ऑफ फार्मसी के बीफार्मा के तृतीय और चतुर्थ वर्ष के विद्यार्थियों के बीच मैत्री मैच कॉलेज प्रांगण में हुआ। 15 ओवर के मैच में तृतीय वर्ष के विद्यार्थियों ने मैच जीता। सुमित पचौरी को मैन ऑफ द मैच चुना गया। डीन डॉ. केजे गोहिल ने विजेता टीम को सम्मानित किया। उज्वल भविष्य की कामना की।

“Only two things are infinite, the universe and human stupidity, and I'm not sure about the former.”

— Albert Einstein

FREE TABLET DISTRIBUTION ON 20 MAY, 2022 TO FINAL YEAR B.PHARM. STUDENTS

B. Pharm. final year students, the 12th outgoing batch of **Anand College of Pharmacy**, Sharda Group of Institutions, **Agra** received the free digital tablets under the **Digishakti scheme launched by the U.P. Government** for the technical upgrade as a part of ICT based education. This event was held during the final year farewell on 20/05/22. **Prof. (Dr.) Kashmira J. Gohil**, Dean applauded the commending steps taken by the U. P. Government for complementary distribution of Tablets or Smartphones in various selected educational institutions for digital and technical empowerment of students and congratulated all the students of **B. Pharm. final year** for being benefited and empowered by this scheme. Students were also informed that educational and career-related content would be provided by the government to all the beneficiary students via their tablets. The tablets were distributed by the Dean, **Prof. (Dr.) Kashmira J. Gohil, CAC, Prof. (Dr.) Gyanendra Kumar Sharma, Registrar, Mr. Vikas Sharma and the final year counsellor, Mrs. M. Shamshath Begum.**

All faculty members congratulated all the beneficiary students and wished them a successful life with a bright career. All Students were very excited on receiving the tablets.

Mrs. M. Shamshath Begum (Asst. Prof.), Ms. Khushboo Lawania (Asst. Prof.) and Mr. Vikas Sharma (Asst. Prof. and registrar) were the main coordinators in the event. The **Executive Vice president of the SGI group Prof. V. K. Sharma and Hon. Vice-Chairman Shri Y. K. Gupta** conveyed their gracious pleasure and blessings to all beneficiary students on occasion.



“The forces in a capitalist society, if left unchecked, tend to make the rich richer and the poor poorer.”

— *Jawahar Lal Nehru*



डिजीशक्ति योजना के तहत मुफ्त टैबलेट



AGRA : आनंद कॉलेज ऑफ फार्मसी, शारदा ग्रुप ऑफ इंस्टीटयूशंस बीफार्मा अंतिम वर्ष, 12वें निवर्तमान बैच के छात्रों को सरकार द्वारा शुरू की गई डिजीशक्ति योजना के तहत आईसीटी आधारित शिक्षा के रूम में तकनीकी ऊंचाई के लिए अंतिम फेयरवेल के तहत फेयरवेल के दौरान मुफ्त डिजिटल टैबलेट प्राप्त हुए. प्रो. डॉ. कश्मीरा जे गोहिल, डीन ने डिजिटल और तकनीकी सशक्तिकरण के लिए अलग चयनित संस्थानों में टैबलेट, लैपटॉप व स्मार्टफोन के पूरक वितरण के लिए सरकार द्वारा डिजिटल पोर्टल के तहत उठाए गए कदमों की सराहना की. इस मौके पर प्रो. डॉ. ज्ञानेन्द्र कुमार शर्मा, विकास शर्मा, एम शमशाथ बेगम, प्रो. वीके शर्मा, वाईके गुप्ता ने सभी के बेहतर भविष्य की कामना की.

“Politics and Religion are obsolete. The time has come for Science and Spirituality.”

— Jawahar Lal Nehru

FAREWELL PARTY FOR 12TH OUTGOING BATCH OF FINAL YEAR B. PHARM. STUDENTS ON 20 MAY, 2022

The 3rd year B. Pharm students of Anand College of Pharmacy (SGI), Agra organized a Farewell Party “BONHEUR” to bid adieu to the final year, the 12th outgoing batch at Sir C V Raman Auditorium on 20 May, 2022.

Prof. (Dr.) Kashmira J. Gohil, Dean, Anand College of Pharmacy, Agra addressed all the final year students with a motivational speech to learn from experiences as life throws unexpected questions, cherish the memories made at college and operate with sincerity, honesty and integrity as a wholesome approach apart from the technical knowledge acquired at college, wishing them a happy and successful life ahead with a bright career.

Prof. (Dr.) Gyanendra Kumar Sharma, CAC briefed the students about the importance of discipline, determination, dedication, and hard work in their life and hoped that they would all be successful in all the spheres of life.

Dr. Rekha T. Rajput, COE advised the students to have strong determination, and control to never look back and blessed the students to achieve success in their careers.

On this occasion, the students of the B. Pharm. presented varied cultural programs with great enthusiasm and passion. Juniors wished their seniors good luck for their next big adventures in life. Digital tablets were distributed to the final year program during the function. The trophies were presented to the winning team of 3rd year B. Pharm in the farewell cricket match. Students enjoyed the program participating in singing, drama and dancing extravaganza.

Mr. Ayush Agarwal and Ms. Prachi Baghel (B. Pharm. 4th Year) were chosen as the “**Mr. and Ms. Farewell**” and **Ms. Devanshi Jaiswal** was given the title of Overall Performer. The best three cultural performance were won by the students for dance **Ms. Swasti Sharma (B. Pharm 1st year)**, **Ms. Devanshi Jaiswal (B. Pharm 4th year)** and **Ms. Hemlata Tiwari (B. Pharm 3rd year)**.

Mrs. M. Shamshath Begum (Asst. Prof.) and Mrs. Khushboo Lavania (Asst. Prof.) were the main coordinators of the event.

Shri Y. K. Gupta, Hon. Vice-Chairman and Prof. V. K. Sharma, Executive Vice President, SGI, conveyed their blessings to all students of Anand College of Pharmacy on this occasion.

“It's not that I'm so smart, it's just that I stay with problems longer.”

— Albert Einstein



FAREWELL PARTY



“Common sense is the collection of prejudices acquired by age eighteen.”

— Albert Einstein



“Aryabhata invented 0; he valued nothing, thus he valued everything.”

— Aryabhata



आनंद कॉलेज ऑफ फार्मसी में विदाई समारोह के दौरान छात्र व शिक्षक ।

बीफार्म अंतिम वर्ष के छात्रों को विदाई

आगरा । आनंद कॉलेज ऑफ फार्मसी में बीफार्म अंतिम वर्ष के लिए विदाई समारोह का आयोजन किया । इस दौरान प्रो. डॉ. कश्मीरा जे गोहिल ने उच्चल भविष्य की कामना करते हुए ईमानदारी और सत्य निष्ठा से कार्य करने के लिए प्रेरित किया । इस दौरान छात्रों को टैबलेट वितरित किए गए ।

"I am enough of an artist to draw freely upon my imagination."

— Albert Einstein

MINISTRY OF EDUCATION (MOE), GOVT. OF INDIA GRANT FUND FOR IMPACT LECTURE SERIES

Institution Innovation Cell (IIC) of Anand College of Pharmacy is selected among the few institutes across country by the **Ministry of Education (MoE)**, Govt. of India, under the Impact lecture series scheme. The financial support of **Rs.12000** was allocated under MIC/AICTE by MoE, Govt. of India to organize impact lecture sessions to encourage the entrepreneurship and spirit of innovation among students and professionals in the pharma sector.

Dr. Deepali Pandey (President IIC and Assistant Professor) along with **Dr. Ritesh Kumar (Convener, IIC and Associate Professor)** were the main coordinators designated for the job under the able guidance and supervision of **Prof. (Dr.) Kashmiri J. Gohil, Dean**, Anand College of Pharmacy, Agra.

Prof. (Dr.) Kashmiri J. Gohil, Dean, applauded their efforts and success of IIC. The Vice-Chairman of the SGI group, **Shri Y. K. Gupta**, and Executive Vice president, **Prof. V. K. Sharma** appreciated the efforts of the team.

आनंद कॉलेज का प्रभाव व्याख्यान शृंखला योजना के तहत चयन

आगरा। आनंद कॉलेज ऑफ फार्मसी के इंस्टीट्यूशन इनोवेशन सेल (आईआईसी) को शिक्षा मंत्रालय, भारत सरकार द्वारा देश भर के कुछ संस्थानों में प्रभाव व्याख्यान शृंखला योजना के तहत चुना गया है।

व्यावसायिक गतिविधि फार्मा क्षेत्र के छात्रों और पेशेवरों के बीच उद्यमशीलता और नवाचार की भावना को प्रोत्साहित करने के लिए एमआईसी/एआईसीटीई को शिक्षा मंत्रालय के तहत 12,000 रुपये की वित्तीय सहायता प्रभाव व्याख्यान सत्र आयोजित करने के लिए आवंटित की गई है।

डॉ. दीपाली पांडे (अध्यक्ष, आईआईसी और सहायक प्रोफेसर) के साथ डॉ. रितेश कुमार (संयोजक आईआईसी और एसोसिएट प्रोफेसर) कार्यक्रम के लिए नामित मुख्य समन्वयक हैं। प्रो. (डॉ.) कश्मीरा जे. गोहिल, डीन, एसजीआई समूह के उपाध्यक्ष वार्किंग गुप्ता और कार्यकारी उपाध्यक्ष प्रो. वीके शर्मा ने आईआईसी टीम के प्रयासों की सराहना की है।

"You learn something new everyday if you pay attention."

— Ray LeBlond

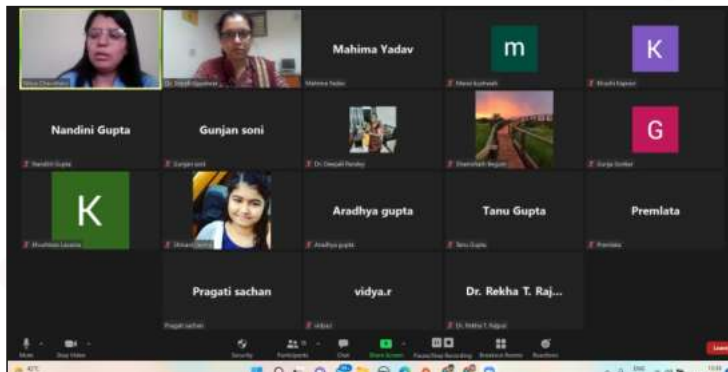
TRAINING SESSION ON MENSTRUAL HEALTH AND HYGIENE, 4 JUNE, 2022

Anand College of Pharmacy organized a training session on Menstrual Health and Hygiene for the women students and staff from Anand college of Pharmacy and Anand engineering college on 4 June, 2022.

This session was conducted by **Mrs. Nitya Chaudhary** (CSR Executive, UNICHARM INDIA), gave a detailed insight into the menstrual phase, and made all participants aware of hygiene practices during periods. She said that the onset of Menstruation means a new phase in the life of girls which restricts their mobility and personal choices and such an awareness program can help them overcome obstacles. An interactive question-answer session followed the training session.

The online session was organized in collaboration with **UNICHARM INDIA**, a leading Japanese firm, and its training partner, Global Hunt Foundation based in Bengaluru in discussion with the Dean. **Dr. Sonali Uppalwar** (Assistant Professor) was the main coordinator of this training session.

Prof. (Dr.) Kashmira J. Gohil, Dean congratulated the team with an emphasis on menstrual health and hygiene practice. More than 50 female participants benefited from the session.



मासिक धर्म पर किया गया जागरूक

आगरा। आनंद कॉलेज ऑफ फार्मसी ने अपने प्रांगण में महिलाओं के मासिक धर्म पर ऑनलाइन जागरूकता सत्र का आयोजन किया। सत्र का संचालन नित्या चौधरी (सीएसआर एक्जीक्यूटिव यूनिफार्म इंडिया) द्वारा किया गया। इस दौरान छात्राओं को मासिक धर्म में स्वस्थ और स्वच्छता की विस्तार से जानकारी दी गई। डॉ. सोनाली उप्पलवार, प्रो कश्मीरा, जे गोहिल आदि मौजूद रहे।

“Great leaders do not dsire to lead but to serve.”

— Myles Munroe

Mahima Yadav Dr. Deepali Pandey Mansi kushwah Dr. Sonali Uppalwar

Mahima Yadav Sharmarsh Begum Dr. Deepali Pandey Mansi kushwah Dr. Sonali Uppalwar

Menstrual Management

You are viewing Neha Chaudhary's screen View Options

This will give you an idea about:

- Length of your menstrual cycle
- Number of days you bleed

Tracking your menstrual cycle will help you to stay prepared for the next menstruation

Tracking is important to understand our cycle, as well as to have healthy periods. Missing periods or having prolonged periods are causes of-

- PCOS
- Thyroid disorders
- Uterine fibroids
- Diabetes
- Endometriosis
- PID (Pelvic Inflammatory Disease)

The average menstrual cycle is 28 days long.

It usually happens between 22-40 days.

A menstrual cycle is counted from the first day of one menstruation to the first day of the next menstruation.

Reproductive Phase in Women

White Discharge

Menarche

Menstruation

Menopause

Before Menarche, one may also experience white discharge from vagina for 3-12 months (in intervals)

Menarche is when a girl experiences bleeding from her vagina for the first time

It is usually sticky, clear, white or pale yellow in color and can smell too

Alima malik

Aradhya gupta

Tanu Gupta

Premiata

During puberty, hormones also lead to emotional and behavioral changes

Looking for an identity / Being carried away

Peer pressure

Mood swings

Very emotional and sensitive

EMOTIONAL AND BEHAVIORAL CHANGES

Being conscious about self

Alima malik

Aradhya gupta

When To Consult A Doctor?

You must consult a doctor if your periods:

- Have started before the age of 8 years or not started by the age of 15 years
- If the menstrual cycle is delayed, early, irregular
- Are heavy (with clots) or scanty or very painful and disrupt your normal routine
- In case of heavy / smelly / yellowish / brownish white discharge
- During Menopause while there are hot flashes, night sweats, low sex drive, dry eyes, skin and mouth, vaginal dryness and pain, emotional changes (irritability, depression and mood swings), fatigue, insomnia, urinary trouble (frequency or incontinence), hair loss, memory problems

Aradhya gupta

Tanu Gupta

Premiata

Pragati sachan

Dr. Rakha T. Raj

“You learn something new everyday if you pay attention.”

— Ray LeBlond

A YOGA WORKSHOP ON INTERNATIONAL YOGA DAY ON 21 JUNE, 2022

Anand College of Pharmacy organized a workshop on International Yoga Day 2022 with great zest on the theme “YOGA FOR HUMANITY” on 21 June 2022 on health advisory of the government.

The students and staff actively participated under the expert guidance of **Mr. Surendra Kumar Sharma** and **Mr. Gaurav Singh Sikarwar** as the main coordinators of the event.

The Director of the Anand College of pharmacy, Prof. K. J. Gohil along with Executive Vice President of the SGI group, **Prof. V. K. Sharma**, and Hon. Vice-chairman **Shri Y. K. Gupta** appreciated the team effort.



“A leader should be visionary and have more foresight than an employee.”

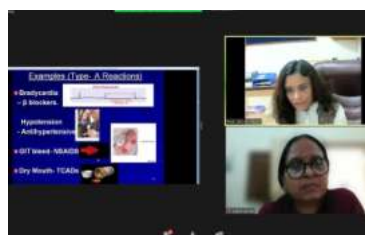
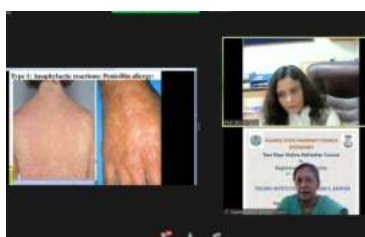
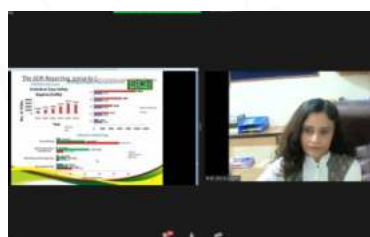
— Jack Ma

FACULTY ACHIEVEMENTS

FACULTY DEVELOPMENT PROGRAM/CONFERENCE/WORKSHOP ATTENDED

Prof. (Dr.) K. J. Gohil (Director and Professor in Pharmacology Department)

- ▶ Joined on invite - As an academic editor in International Neuropsychiatry Journal, National Library of Medicine (NLM) id: 101632319, ISSN: 2321-7235, PubMed listed. SCIENCE DOMAIN International (term:07/05/2022-06/05/2026). Journal DOI: <http://dx.doi.org/10.9734/indj>.
- ▶ Joined on invite - As an academic editor in International journal: Cardiology and angiology, National library of Medicine (NLM) id: 101658392, ISSN: 2347-520X, PubMed listed. SCIENCE DOMAIN International (term:01/04/2022-31/03/2026). Journal DOI: <http://dx.doi.org/10.9734/ca> (Link).
- ▶ Joined on invite - As a member of SCOPE database - International Advisory Board (2021 onwards).
- ▶ Organized a parallel scientific session from Anand College of Pharmacy and Chaired the scientific session, Technical session-II on 15/04/22 in 04 day Biosci-Con, 2022, World Bioscience Congress held on 14-17/04/22 organized by Indian Society of Genetics, biotechnology research and development, Agra and Hindustan college of Technology and Sciences, Farah, Agra.
- ▶ Delivered an invited guest lecture in 02-day Online refresher course for registered Pharmacists on 05/03/22 organized by grant-in-aid, Tolani institute of Pharmacy, Gandhidham Collegiate Board, Gujarat, sponsored and coordinated by Gujarat State Pharmacy Council (GSPC).



“Silence is the last thing the world will ever hear from me.”

— Marlee Matlin

FACULTY ACHIEVEMENTS

FACULTY DEVELOPMENT PROGRAM/CONFERENCE/WORKSHOP ATTENDED

Prof. (Dr.) Gyanendra Kumar Sharma (CAC, Professor and Head of Pharmaceutical Chemistry Department)

► Patent

Title of Invention: Pharmaceutical Evaluation of Mucilage Polysaccharide from Chlorophytum Borivilianum Tubers, Publication Date (U/S 11a): 18/03/2022.

► Ph.D. Guided

Mr. Aditya Dixit enrolled under Dr. A.P.J. Abdul Kalam Technical University; Lucknow (Uttar Pradesh) & completed his Ph.D. on the Topic- Design, Synthesis and Biological evaluation of Novel Indole Derivatives .

Dr. Ritesh Kumar (Associate Professor and Head of Pharmaceutics Department) Faculty Development Program (FDP)

- Attended five days virtual Faculty Development Programme on "Innovative Teaching Practices and Quality Research in Pharmaceutical Sciences" organized by IIMT College of Pharmacy, Greater Noida, Uttar Pradesh, 8-12 February, 2022.
- Attended one week E- Faculty Development Programme / STP on "Emerging Trends and Challenges in Pharmaceutical Sciences and Healthcare - 2022" organized by IIMT College of Medical Sciences and SOPS, IIMT University Meerut, Uttar Pradesh, 13-21 January, 2022.
- Attended five days Faculty Development Program on "Research Design and Methodology" Organized by Faculty of Pharmacy, IFTM University, Moradabad, Uttar Pradesh, 22-26 November, 2021.
- Attended three days Faculty Development Program on "Research & Innovation in Pharmaceutical Sciences" Organized by University School of Pharmaceutical Sciences, Rayat- Bahra University, Mohali, Punjab in collaboration with APTI, Punjab Branch, 25-27 October, 2021.

Conferences

- Participated in the International Conference on "Current Trends and Recent Developments in Pharmaceutical Sciences" organized by IIMT College of Medical Sciences, IIMT University, Meerut, 3-4th January 2022.

Seminar

- Participated in International Seminar on "Current Trends in Pharmaceutical Sciences" Organized by R. K. Institute of Pharmacy, Bareilly, U.P. on 23th April, 2022.

"Never let the fear of striking out keep you from playing the game."

— Babe Ruth

FACULTY ACHIEVEMENTS

FACULTY DEVELOPMENT PROGRAM/CONFERENCE/WORKSHOP ATTENDED

Webinar

- ▶ Participated in Webinar on “Paradigm Shift from Conventional to Innovative Pharmaceutical Research” Organized by KIET School of Pharmacy, Delhi-NCR, Ghaziabad, 23th April, 2022.
- ▶ Participated in Webinar on “New Education Policy (NEP-2020): Opportunities & Challenges in Education” Organized by Sharda Group of Institutions, Mathura, 31 December, 2021.

Workshop

- ▶ Attended Workshop on “Zebra fish in Medical Research: Neurobehavioural & Histopathological Methods” Organized by KIET School of Pharmacy, Delhi-NCR, Ghaziabad in collaboration with Whizbang Bioresearch Pvt. Ltd., Chennai. 23th April, 2022.

Training Program

- ▶ Participated in IP Awareness/ Training Program under “National Intellectual Property Awareness Mission” Organized by Intellectual Property Office, India, 06th June, 2022.

Mrs. M.Shamshath Begum (Assistant Professor in Pharmaceutics Department)

Faculty Development Program (FDP)

- ▶ Attended one day virtual national seminar on “Insights on Pharmacoepidemiology and Pharmacoecconomics” organized by Chettinad School of pharmaceutical Sciences, Chettinad Accademy of Research and Education, Chennai, Tamilnadu on 19th February'2022.
- ▶ Attended AICTE-MRSPTU Sponsored six days faculty Development Programme in 'Advanced Techniques in pharmaceutical Sciences’ organized by Aryan College of Pharmacy, Rajpura, Chandigarh-Patiala Road held on 3 rd to 8 th february'2022.
- ▶ Attended 5 days FDP on “GOOD LABORATORY PRACTICE” organized by Department of Life Sciences, School of Basic science and Research, Sharda University, UTTAR Pradesh held on 8th to 12th Feb'2021.

Conferences

- ▶ Participated in 5th International level virtual conference on “ Emerging Infectious Diseases and Novel Drug Development” organized by Swami Vivekananda college of Pharmacy , Elayampalayam, Trichengode, Namakkal District, Tamilnadu on 3rd & 4 th December'2021.

“In the end, it's not the years in your life that count. It's the life in your years.”

— Abraham Lincoln

FACULTY ACHIEVEMENTS

FACULTY DEVELOPMENT PROGRAM/CONFERENCE/WORKSHOP ATTENDED

Dr. Sonali Uppalwar (Assistant Professor in Pharmacognosy Department)

Faculty Development Program (FDP)

- ▶ Attended three days Faculty Development Program on “Research & Innovation in Pharmaceutical Sciences” organized by University School of Pharmaceutical Sciences, Rayat- Bahra University, Mohali, Punjab in collaboration with APTI, Punjab Branch, 25-27 October, 2021.
- ▶ Certificate in participating as delegate in Faculty development programme on Latest pedagogy tools for teaching and innovative research in pharmacy organized by Himalayan institute of pharmacy, Kala-Amb, Distt.Sirmoor, Himachal Pradesh.
- ▶ Certificate in participating as delegate in Faculty development programme on Innovation and New paradigm in herbal drug research organized by Chitkara University, Himachal Pradesh Act as a main coordinator in online training session on Menstrual Health and Hygiene for Women on the Anand Campus.
- ▶ Certificate for organising the conference on topic on Emerging Trends in Herbal Medicines at Anand college of pharmacy (SGI group)

Dr. Gyanendra Singh (Assistant Professor in Pharmacology Department)

Faculty Development Program (FDP)

- ▶ Attended five days Faculty Development Programme on "Challenges in Tackling Human Diseases: A Novel approach" organized by Chandigarh Group of Colleges, Jhanjeri, Mohali, Punjab, 6-10 June, 2022.
- ▶ Attended three days Faculty Development Program on “Research & Innovation in Pharmaceutical Sciences” Organized by University School of Pharmaceutical Sciences, Rayat- Bahra University, Mohali, Punjab in collaboration with APTI, Punjab Branch, 25-27 October.
- ▶ Participated in expert lecture on overview of Indian Pharma Industry & Generic Product Development Process on 15 April 2022 organized by school of Pharmacy, CPU, Kota.
- ▶ Participated in Webinar on “New Education Policy (NEP-2020): Opportunities & Challenges in Education” organized by Sharda Group of Institutions, Mathura, 31 December, 2021.

“Do not go where the path may lead, go instead where there is no path and leave a trail.”

— *Ralph Waldo Emerson*

FACULTY ACHIEVEMENTS

FACULTY DEVELOPMENT PROGRAM/CONFERENCE/WORKSHOP ATTENDED

Webinar

- ▶ Participated in Webinar on “New Education Policy (NEP-2020): Opportunities & Challenges in Education” Organized by Sharda Group of Institutions, Mathura, 31 December, 2021.

Conference

- ▶ Participated as Delegate of the technical session in Three Days National Conference on “Entrepreneurship and start up opportunities in herbal drugs-A way forward” held on 8-10 March 2022 Organised by Department of Pharmaceutical Sciences, Maharshi Dayanand University, Rohtak through online mode Sponsored by University Grant Commission, New Delhi Under Special Assistance Program-II

Mrs. Khushboo Lavania (Assistant Professor in Pharmaceutics Department)

Faculty Development Program (FDP)

- ▶ Attended five days virtual Faculty Development Programme on "Innovative Teaching Practices and Quality Research in Pharmaceutical Sciences" organized by IIMT College of Pharmacy, Greater Noida, Uttar Pradesh, 8-12 February, 2022.

Conferences

- ▶ Presented Paper on Formulation and evaluation of Silymarin loaded Matrix Tablets using Karaya gum in 1st International Conference on “Innovations in Chemical, Biological and Pharmaceutical Sciences (ICBPS-2021)” held on November 26-27, 2021 through online mode.
- ▶ Participated in 5th International level virtual conference on “Emerging Infectious diseases and Novel drug development (EID-NDD 2021)” organized by Department of Pharmacognosy, swamy vivekanandha college of pharmacy, Elayampalayam, Tiruchengode as organizing committee member 3-4 December 2021.

Webinar

- ▶ National webinar on “New Education Policy (NEP-2020): Opportunities and Challenges in Education” on 31st December 2021 organized by Sharda Group of Institution, Mathura.

Mr. Vikas Sharma (Assistant Professor in Pharmacology Department)

Publications

- ▶ Singh, D., Gohil, K., Sharma, V. and Shukla, S., In vivo wound Healing Activity of Ointment based Formulation for Prunus amygdalus (Batsch.) on Rats. Indian Journal of Pharmaceutical Education and Research, 2022, 56(1): 184-190

“The greatest glory in living lies not in never falling, but in rising every time we fall.”

— Nelson Mandela

Dr. Rekha T. Rajput (COE, Associate Prof. & Head of Pharmacognosy Department)

“DEMENTIA” AND LOW ESTROGEN LEVELS

Dementia is generally used to describe a group of symptoms ranging from loss of memory to decline in critical thinking abilities. A clinical diagnosis is usually done when there are clear symptoms of a progressive cognitive decline and a departure from previous normal mental functioning. WHO describes it as a “syndrome” and estimates suggest that nearly 55 million people live with dementia worldwide. And the primary cause of concern is that a staggering 10 million cases new cases are being reported every year. Brain of a person suffering from dementia undergoes drastic changes that impair a person's ability to remember, make decisions and use language. Alzheimer's disease is the most common type of dementia, while the second most common is vascular dementia, which is the result of disruptions in blood flow to brain cells caused by strokes or plaque build-up in arteries which supply blood to the brain. Diseases which affect specific parts of the brain can also lead to dementia. Though, dementia is not a normal part of the aging process but stats make it amply clear that the incidence of dementia rises with age. Symptoms of Dementia are such that the affected population becomes not just more vulnerable but also highly dependent. This is presenting unforeseen and evolving challenges to our society and to our healthcare system.

Numbers show that women are more vulnerable to dementia with approximately two-thirds of the 5.4 million reported cases in United States being women. Scientists hypothesize that a decrease in Estrogen levels in women after menopause also increases the chances of dementia, underlying increased vulnerability to Dementia in women. Studies suggest that estrogen upregulates APOE gene. It was also observed that female Dementia cases have excess rare, deleterious mutations in the early menopause gene MCM8.

Dementia is a disorder of the synapse. In fact, cognitive decline has been shown to correlate most closely with synapse loss. Estrogen seems to upregulate synapse genes, and in fact hippocampal size correlates with estrogen levels throughout the menstrual cycle. We know that the lack of estrogen over the long term enhances oxidative stress, which may increase brain aging and lead to cognitive impairment. Estrogen also upregulates mitochondrial genes, which is consistent with the notion that mitochondria could influence synapse growth, possibly to help meet synaptic ATP requirements. Also, post-menopausal women are at greater risk of stroke than pre-menopausal women, and stroke can disrupt blood flow to the brain and may result in vascular dementia.

Dementia can be prevented, and there are a number of ways women who experience early menopause may be able to reduce their risk of dementia. This includes routine exercise, participation in leisure and educational activities, not smoking and not drinking alcohol, maintaining a healthy weight, getting enough vitamin D and, if recommended by their physician, possibly taking calcium supplements.

“Success consists of going from failure to failure without loss of enthusiasm.”

— *Winston Churchill*

STUDENTS ACHIEVEMENTS (RESEARCH PUBLICATIONS)



Authors	Title	Journal	Volume; Issue; Page Numbers	Impact Factor
Ms. Diksha Singh, Prof. (Dr.) Kashmiri J. Gohil, Mr. Vikash Sharma & Prof. Shiv Shankar Shukla	<i>In vivo</i> wound Healing Activity of Ointment based Formulation for prunusamygdalus (Batch.) on Rats	Indian Journal of Pharmaceutical Education and Research	2022;56(1):1 84-90	0.638



Name	Class	Activity	Award	Date
Ms. Nandini Gupta	B. Pharm. I Year	Technical Exhibit	Securing 3rd prize in Technical poster in Technical exhibit at department of computer applications at Anand Engineering College, Agra	23/11/202 1



Name	Class	Activity	Award	Date
Mr. Saurabh Singh	B. Pharm. I Year	Dr. Abdul Kalam Sports Fest	Securing I position in 1500m Run at Dr. Abdul Kalam Sports Fest 2021- 22 (Zonal Level) at Hindustan College of Science & Technology,	22- 23/11/202 1



Name	Class	Activity	Award	Date
Mr. Yogesh	B. Pharm. I Year	Dr. Abdul Kalam Sports Fest	Securing II position in 800m Run at Dr. Abdul Kalam Sports Fest 2021- 22 (Zonal Level) at Hindustan College of Science & Technology,	22- 23/11/202 1

“All you need is the plan, the road map, and the courage to press on to your destination.”

— Ray LeBlond

FIRST YEAR STUDENTS OF D.PHARM. SECURE MORE THAN 85% MARKS IN BTE EXAMS (2020 - 21)

First year D. Pharm. students of Anand College of Pharmacy, SGI, Agra have performed excellently in the recently declared results from the Board of Technical Education, Lucknow.

First Year student **Mr. Abhijeet Tyagi** scored 86.43% marks and secured the first position. **Ms. Sanskriti Shrivastav** scored 84.17% marks and secured the second position and **Mr. Utkarsh Sharma** scored 83.83% marks and secured the third position in the class respectively. Above 80% of students of the college scored more than 75% marks.

Dean of the College, **Prof. (Dr.) Kashmira J. Gohil** congratulated all the students along with faculties on their success with a note to sustain their efforts for excellent results in upcoming academic years.

The Vice Chairman of Sharda Group of Institutions, **Mr. Y. K. Gupta**, and Executive Vice President, **Prof. V. K. Sharma** also expressed their appreciation for the same.

आनंद कॉलेज के डीफार्मा प्रथम वर्ष के विद्यार्थियों का शानदार प्रदर्शन

आगरा। शारदा ग्रुप के संस्थान आनंद कॉलेज ऑफ फार्मेसी के डीफार्मा प्रथम वर्ष के छात्रों ने 85 प्रतिशत से अधिक अंक प्राप्त कर शानदार प्रदर्शन किया। प्राविधिक शिक्षा परिषद, लखनऊ द्वारा गत दिनों घोषित परिणाम में छात्र अभिजीत त्यागी ने 86.43 प्रतिशत अंक के साथ संस्थान में प्रथम स्थान, संस्कृति श्रीवास्तव ने 84.17 प्रतिशत के साथ दूसरा स्थान जबकि उत्कर्ष शर्मा ने 83.83 प्रतिशत अंक के साथ तृतीय स्थान प्राप्त किया। वहीं 80 प्रतिशत छात्र-छात्राओं ने 75 प्रतिशत से अधिक अंक प्राप्त किए। कॉलेज के डीन प्रो. कश्मीरा जे गोहिल, शारदा ग्रुप के उपाध्यक्ष वाईके गुप्ता, कार्यकारी उपाध्यक्ष प्रो. वीके शर्मा ने छात्र-छात्राओं के उत्कृष्ट प्रदर्शन की सराहना की।

“Live your beliefs and you can turn the world around.”

— Henry David Thoreau

FIRST YEAR STUDENTS OF B.PHARM. SECURE MORE THAN 85% MARKS & ABOVE IN AKTU (2021 - 22)

In the recently declared result of B. Pharm. I Year, Students of Anand College of Pharmacy, scored more than 85% in the first-semester, odd semester, examination of Dr. A.P.J. Abdul Kalam Technical University, Lucknow.

First year student **Mr. Vishal Sharma** scored 89.24% marks and secured the first position.

Mr. Dhruv Singhal scored 88.26% marks and secured the second position. **Ms. Gunjan Soni** and **Ms. Nandini Gupta** equally scored 87.17% marks and both secured the third position in the class. As many as 10 students of I year scored distinction with more than 80% marks.

Director of the College, **Prof. (Dr.) Kashmiri J. Gohil** congratulated all the students along with the faculties on their success with a note to sustain their efforts for excellent results in the upcoming academic years.

The Vice Chairman of Sharda Group, **Shri Y. K. Gupta**, and Executive Vice President **Prof. V. K. Sharma** congratulated all the meritorious students and staff.

आनंद कॉलेज ऑफ फार्मसी में दी शुभकामना

आनंद कॉलेज ऑफ फार्मसी के फर्स्ट ईयर स्टूडेंट्स ने एकेटीयू एग्जाम में 85 परसेंट से अधिक से अंक प्राप्त किए हैं. विशाल शर्मा ने 89.24 परसेंट, ध्रुव सिंघल ने 88.26 परसेंट, गुंजन सोनी और नंदिनी गुप्ता ने 87.17 परसेंट अंक प्राप्त किए हैं. एसजीआई के उपाध्यक्ष वाईके गुप्ता और निदेशक प्रो.(डॉ) कश्मीरा जे गोहिल ने सभी स्टूडेंट को शुभकामनाएं दी हैं.

“Integrity, insight and inclusiveness are the three essential qualities of leadership.”

— Sadhguru

EXCELLENT PERFORMANCE OF STUDENTS IN THE AKTU THIRD SEMESTER EXAMINATION (2021 - 22)

In the recently declared result of B. Pharm. II Year, Students of Anand College of Pharmacy, performed excellently by scoring more than 80% marks in the third-semester examination of Dr. A.P.J. Abdul Kalam Technical University, Lucknow.

Ms. Anjali Kumari Chauhan secured the first position in the institute with 83.066%. **Ms. Khushi Kapoor** secured the second position with 82.66%. **Ms. Preethi Singh B** and **Ms. Nandini Sharma** shared the third position with 81.73%.

13 students of the second year scored distinction in the third semester examination of Dr. A.P.J. Abdul Kalam Technical University, Lucknow.

Director of the College, **Prof. (Dr.) Kashmiri J. Gohil** congratulated all the students along with the faculties on their success with a note to sustain their efforts for excellent results in the upcoming academic years.

The Vice-Chairman of Sharda Group, **Shri Y. K. Gupta**, and Executive Vice President **Prof. V. K. Sharma** congratulated all the meritorious students and staff.

अंजली के फार्मसी में 83 फीसदी अंक

आगरा। डॉ. एपीजे अब्दुल कलाम तकनीकी विवि, लखनऊ द्वारा बीफार्मा द्वितीय वर्ष का परीक्षा परिणाम घोषित किया गया। आनंद कॉलेज ऑफ फार्मसी की अंजली चौहान ने 83 फीसदी से भी ज्यादा अंक प्राप्त किए।

“Whoever is happy will make others happy too.”

— Anne Frank

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