



ACP Quarterly e-News Paper

Pharma-Buzz

Edition - 5 (Jan 16 - Mar 16)



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ANAND COLLEGE OF PHARMACY
AGRA



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Dean's Message



Congratulations to all our faculty & student coordinators to bring out this new 5th edition of PharmaBuzz at Anand College of Pharmacy. I would like you to maintain this level of dedication and consistency for these efforts as it's a reminder and culmination of what is achieved so far and still to be achieved towards our collective goal. I am also happy to note that the news letter is reaching now to each and every students of Anand College of Pharmacy through emails collected semester wise by the student's coordinators.

Also, strive to keep checking our college website and related social media too, on daily basis and give regular feedbacks for the constant updates. This is required to be in sync with college happenings in this age of jet rapid media and changing times. One could not just lag behind in this aspect too. So, try to spread goodwill and good efforts of the college everywhere. It's our combined efforts that will bring the desired results.

And Wish you all the best for the upcoming university exams. A relaxed mind, concentrated focus and hard work are the keys to do well and succeed with flying colors.

Best Wishes

Thank you,

Dr. Kashmira J. Gohil

Dean, ACP

Prize Distribution under Health Awareness Camp and School Connect Programme

Anand College of Pharmacy has conducted a “**HEALTH AWARENESS PROGRAMME**” in selected schools of Agra to highlight the issues of national importance and general awareness regarding Health and Medicine which is necessary for the community, specially the students. **Mrs. M. Shamshath Begum** (Asst Professor) and **Dr. Monika Singh** (Lecturer) has organized this programme successfully in the various schools like M.D. Jain Boys Inter College, St. John Girls Inter College, Queen Victoria Girls Inter College, Sachdeva Millennium School, Shri H. R. Inter College, Govind Savitri Bai Phule Girls inter College, Holy Public School, Children Progressive Inter College, S. K. L. Inter College, Hillman Public School, Brij Public School and Shri R.S. Public School. They have started this program in Nov-2015 and continued it in Feb-2015. Under this Health Awareness Program they conducted Seminar and “**SCIENTIFIC QUIZ COMPETITION-2015-16**”. Quiz comprises of 50 Questions from physics, chemistry, mathematics and Biology. They had also honored the winners of Quiz 2015-16 by awarding trophies and certificates.

In this regard, **Dr. Monika Singh** delivered seminar on “**SAFETY WITH MEDICINE**”. She conveyed all the students of 11th and 12th class of various schools about pharmacist’s role in the community. After that Mrs. Shamshath Fazul and Dr. Monika Singh also did students’ “**CAREER COUNSELLING**” by clarifying their doubts regarding pharmacy profession. They told that not only medical students but non-medical students can also opt for this noble profession. They also explained the importance and need of Pharmacy, a noble profession, which can only provide cost effective drugs and medicines to the people. Their speech highlighted how a pharma person might maximize the ability of every citizen to create better personal and community health by challenging traditional thinking in the world that is ever changing.



M. D. Jain Inter College



Shri R. S. Public School



S. K. L. Inter College



Shri H. R. Inter College



We become what we think about. – Earl Nightingale



Prize Distribution



Queen Victoria Girls Inter College



Hillman Public School



St. John Girls Inter College



Children Progressive Inter College



Holy Public School



M. D. Jain Inter College



Braj Public School



Winning isn't everything, but wanting to win is. –Vince Lombardi



State Level Victory of Mr. Nitank Agrawal (AKTU Fest-2016)



Mr. NITANK AGARWAL, a B.Pharm 2nd Year student of Anand College of Pharmacy, Agra has won **FIRST PRIZE** at state level Fest (Technical, Literary and Management) in **English Debate Competition** held on 4th and 5th March, 2016 at ABES Engineering College, Ghaziabad after getting selected at **Anand Engineering College Technical Campus, Agra** as a winner of first prize for **AKTU Fest-2016 (Technical Literary & Management Fest)** in similar category. **Dr. K.J. Gohil** (Dean, Anand College of Pharmacy), Agra heartily congratulated Mr. Nitank Agarwal for making our college SGI group immensely proud. Dr. Monika Singh (Cultural Coordinator) also motivated the student for participating in the debate competition. Executive vice president of SGI group **Shri. Pradeep Mahtha** also conveyed his good wishes and praised the effort of the student and team for the win.

The topic of Debate was **“Should juveniles be treated as Adults”**. Mr. Nitank spoke of many prevalent facts. Violent crimes are committed in the world everyday. Almost one-half of them are committed by teenagers ages 13 through 17. Legally speaking, juvenile can be defined as those children who have not attained a certain age at which they can be held liable for their criminal acts like as an adults. Petty crimes and heinous crimes are being regularly committed by children in India. Crimes such as theft, snatching and heinous crimes such as robbery, murder and rapes are committed by these children. Juvenile between the age of 16-18 years are found to be more involved in brutal criminal cases. According to the National Crime Research Bureau out of 45306 cases registered against juvenile in the year 2013, almost 28000 were committed by those between the age of 16-18 years. According to the statistics out of all the rapes committed in India in the year 2014, 28% were committed by the so called juvenile. The most recent examples are Nirbhaya case & Shakti mill rape case. Now to conclude, I would say that this is 21st century and a child grows mentally at a very alarming rate & if he commits crime and is not punished for the same he may become threat for whole nation as well as humanity. If Kasab would have been stopped at a very young age by his parents we would not have witnessed terrifying 26/11 attacks on Mumbai.

ACP and SGI heartily applaud the victory of Mr. Nitank Agarwal and proud of his achievement as a glorious example to all potential students.



I attribute my success to this: I never gave or took any excuse. –Florence Nightingale



HERBAL TEA Preparation by B. Pharm Students

Anand College of Pharmacy has secured 'first position' in the non working model category, in the Innovation day competition held on 27 & 28 of October 2015 for the project of "Herbal Tea" preparation. The Herbal tea prepared was a wonderful beverage made from the infusion or decoction of various herbs, spices, or other plant material in hot water and does not contain caffeine. The preparation consisted of Tulsi extract, Ginger powder, Cumin powder, Fennel extract, Lemon zest, Black salt, Cardamom powder and Sugar which was measured in respective quantities, mixed and packed to be sampled by various people.

The tea is helpful in reducing blood pressure, cholesterol levels, and glucose levels; where by increases blood circulation and aids digestion; show anti-carcinogenic, antioxidant properties and relieves cold and flu.

Herbs have been used for centuries to treat a variety of medical illnesses. Many of the uses have come from folklore or cultural traditions. Scientific evaluation of herbals has only recently begun, but, for many herbals and many ailments, is still lacking or has inconsistent results. This formulation evaluates the scientific evidence for 8 common herbal tea preparations and their effectiveness. There are many other common herbal teas used medicinally; these 8 were chosen as the focus of their medicinal uses and for their good safety profiles, lower drug-herb interaction rates, better side effect profiles, and better evidence ratings. Herbal teas can be a good alternative or addition to pharmaceuticals for some patients. If patients don't care for tea, many of these herbs come in extract pill or powder form.

Participation in SPARK 2016 Pharma Fest

Two Students of Anand College of Pharmacy, Pankaj Garg (B.Pharm. 2nd Year) and Kartik Singhal (B.Pharm. 1st Year) participated in SPARK 2016 PHARMA FEST which was held on 09th April 2016 organized by **Institute of Pharmaceutical Research GLA University, Mathura**

Many students participated in different events from various colleges of Uttar Pradesh. Kartik Singhal and Pankaj Garg participated in WITTY MIND QUIZ. Written Quiz questions were related to pharmacy and general knowledge. Kartik Singhal also participated in a poster presentation competition. The topic of poster presentation was "Pathophysiology of Ebola Virus". Poster contains its etiology, symptoms, disease transmission etc. The objective of making this poster was that thousands of people died because of Ebola virus in Africa and various parts of the world but still people don't aware of Ebola virus.



Kartik Singhal presenting a poster at GLA University Mathura



Everything has beauty, but not everyone can see. –Confucius



Session 2015-16 Pharmaceutical Industrial Training

Students of B.Pharm 3rd Year have undergone winter training for one month in various Pharmaceutical Industries and analyzed various manufacturing sections like tablet manufacturing, capsule manufacturing, syrup and ointment production, parenteral and quality control department.

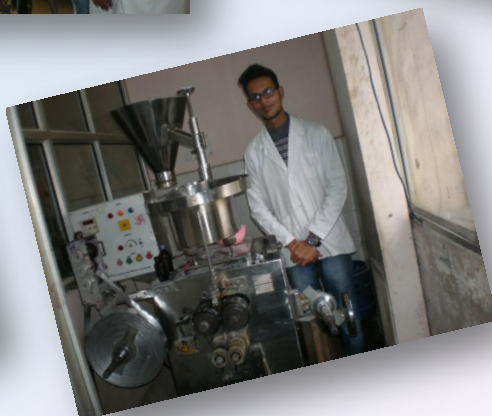
Abhijeet Biswas, Rajat Pathak, Neha Sinha, Shivam Chak, Vineet Singh, Indraprakash Singh, Mohan Kushwah and Arjun Sonwal have undergone training in labelling and Packaging section at **Osper Formulation in Baddi, Himachal Pradesh.**

Naina Verma and Monika Sharma have undergone training in Production and Quality control section section at **ShrinivasLaboratories Pvt Ltd, Gujarat** and **CMG Biotech, Laxmi Nagar, Delhi** respectively.

Komal Gurnani and Anju Bhati have undergone training in Quality control section at **Indica Laboratories, Bapunagar, Gujarat** and **Starmek formulations, SGM nagar, Faridabad** respectively.

Soniya Gupta and Chetan Chaudhary have undergone training in **QC department at IPCA laboratories and Unimedicolabs, Selaqui, Dehradun** respectively.

Siddharth Chaurasia, Manika Kulshrestha, Kalpna Yadav and Chamma Nishad have undergone training in Production, Quality control, Packaging and labeling and Parenteral section at **Taurus Parenterals at Sidcul, Rudrapurdist, Uttrakhand.**





A Session on Entrepreneurship

Guest Lecture

It was our great honour for us to host a session on entrepreneurship by **Mr. Shabd Mishra, CEO Renaissance E Services Pvt.Ltd, UK**. He was absolutely simple in explaining our students about Entrepreneurship. Tikling the funny bone, he gave real life examples to motivate the students to ignite “Fire in the Belly attitude” towards entrepreneurship. At an Institute such as ours at Anand College of Pharmacy, we encourage our students to THINK, ACT AND REFLECT – in an OUT OF THE BOX manner, innovate and stretch beyond the boundaries as there are so many entrepreneurial opportunities offered by the Pharma Sector. Mr. Shabd Mishra gave Lively and charging examples , with the wonders in business happening all around! A spine tickling example was that of products such as GoN! How to conceptualise markets? How to prospect needs? What brings in consumer delight ? What is it about the product mix that generates unquenchable demand? With so much of buzz about START UP INDIA, we learnt from our real life -local yet global hero Mr. Shabd Mishra, about how to start business with ZERO CAPITAL and on what it takes, to taste the success in entrepreneurship. We extend our heartfelt thanks to Dr. Kashmira J.Gohil (Dean, Anand college of Pharmacy) and Mr. Ritesh Batra for their efforts and vision in making this program successful.

Dr. Kashmira J. Gohil, Dean, ACP addressing the students



Mr. Shabd Mishra addressing the students



Whatever the mind of man can conceive and believe, it can achieve. *-Napoleon Hill*



Drug discovery in the next decade

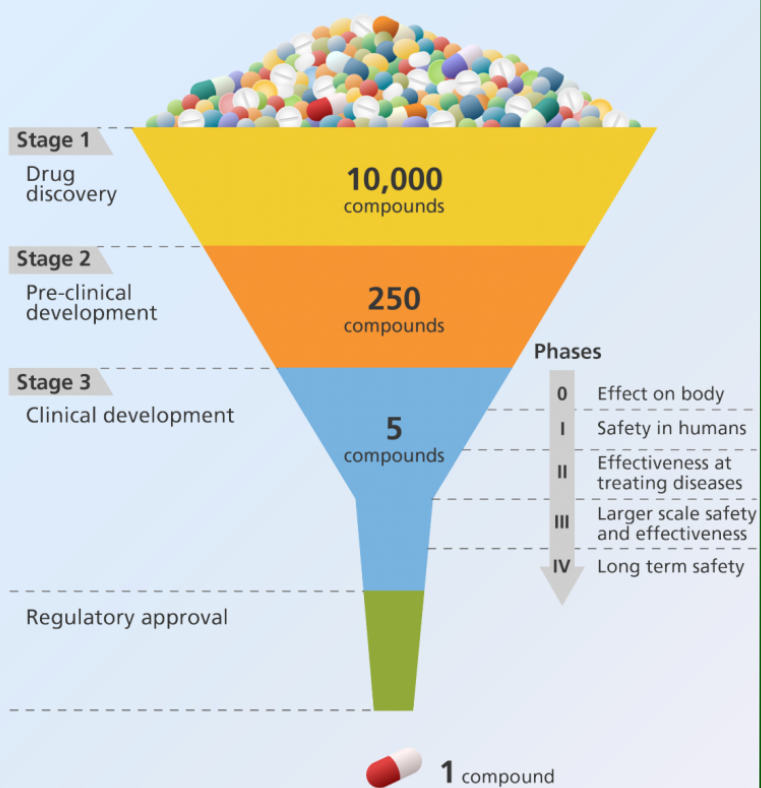


Dr. Monika Singh
Lecturer , ACP

The pharmaceutical sector as a part of the healthcare industry, is undergoing dramatic change. Primarily caused by reduced output of new medicines from research and development (R&D) laboratories. While other causes are drug pricing pressures, stricter regulatory environments and the overall current economic downturn. This makes demands of all pharmaceutical companies to find better ways to increase their output of new drugs, through innovation for the benefit of patients and for their business survival. In fact, just 12 percent of drugs entering clinical trials ever make it to patients and thousands won't even reach past the early discovery and pre-clinical testing stages. Furthermore, to bring one medicine to market alone costs the pharmaceutical industry on average of \$2.6 billion (including failure) and takes 10-15 years. Many are dropped because a competitor dropped a similar drug, targeting the same target, while others are found to be unsafe or not efficacious.

The traditional approach to drug development is expensive, time consuming and prone to failure. Pharmaceutical industry observers that cutting the time and costs involved in drug discovery and development will be essential to ensuring continued productivity and profitability of drug companies in this industry. Today, the process of drug discovery has been revolutionized with the advent of bioinformatics and efficient technologies like, combinatorial chemistry, high throughput screening (HTS), virtual screening, *de novo* design, *in vitro*, *in silico* ADMET screening and structure-based drug design.

Drug Designing (Drug Discovery) has the potential to hugely decrease the risk, cost and expertise required for the early stages of drug development, target selection and validation. By fully integrating Drug Designing in the drug discovery process, pharmaceutical companies could cut the cost of creating a new drug in half and remove two to three years off the development. They then look for a lead compound, meaning a promising candidate that could influence the target and potentially become a medicine. Drug Discovery in R&D in different companies will continue to be developing innovative, lifesaving medicines to help patients live longer and healthier lives.



"Behind my work was ambition, behind my love was personality, behind my purity was fear"
- Swami Vivekananda



Papaya in elevating Platelets Count

Siddartha Chaurasia
B.Pharm 3rd year

With the recent dengue outbreak, the use of papaya leaves as natural cure for dengue has received much interest among the public, and in the lay press. Being easily available and affordable, the use of papaya leaves occurs indiscriminately. The physician however remains unclear of his or her stand on the issue. The therapeutic effects of aqueous extract of papaya (*Carica papaya*) leaves are presumed to be due to several active components such as papain, chymopapain, cystatin, L-tocopherol, ascorbic acid, flavonoids, cyanogenicglucosides and glucosinolates. These are antioxidants that reduce lipid peroxidation, exhibit anti-tumor activity and immune modulatory effects. Animal studies suggest that papaya leaf extracts have potential therapeutic effect on disease processes causing destabilization of biological membranes as they inhibit hemolysis *in vitro* and may cause increased platelet and red blood cell counts. A recent open-labelled trial from Malaysia demonstrated significantly higher platelet count after 40-48 hours of first dose of papaya leaves' juice. Others have also reported encouraging findings. In spite of these small scale studies, the fact remains that dengue is a mostly a self-limiting disease with spontaneous increase in platelets during recovery.

MY BESTIES

Me and my besties! <3

Dimple Parashar
B.Pharm 2nd year

Their love ,their care ,never stands beneath.

Together they all, comprises my heartbeat.

My life my ways ,changed their trends,

These special persons ,are my friends.

They abuse ,they poke ,they irritate me.

Life without them ,is a waterless sea.

Whenever I quail ,they hold my hand

Forgetting everything ,makes me feel

fervent.

As I enter ,they fanfare me,

Many a times, makes work away.

Some are fat ,some are weak

One of them is stature as peak.

Never feel any spite of something

Rather stay merry ,and happy with

everything.

We never fawn upon the teachers,

Makes other jealous ,and have salutary

features.

They always occupy the whole of my heart,

And will stay there ,until my beats are apart.

Create something at LiveLuvCreate.com



First they ignore you, then they laugh at you, then they fight you, then you win. -Mahatma Gandhi



FACTS ABOUT HUMAN BODY

Fatma Zehra
B.Pharm 1st Year

- ❖ 1 out of 5 adults urinate in public swimming pools, this is what causes the redness of the eyes, not chlorine.
- ❖ Crying releases extra stress hormones, which is why you feel better after doing so.
- ❖ The brain itself doesn't have any pain receptors, so doesn't feel anything which is why surgeons can perform open brain procedures on patients while they are awake
- ❖ A human body can bear only upto 45 del (units) of pain. Yet at time of giving birth, a mother feels upto 57 del (units) of pain. This is similar to 20 bones getting fractured at a time.
- ❖ Hugging someone for more than 20 sec releases Oxytocin which is also known as the "love hormone".
- ❖ If you got gum stick in your hair, soak it in coke for 5 mins, it will get release off easily.
- ❖ Hearing your name when no one is actually calling you is a sign of healthy mind.
- ❖ Lip biting triggers a rush of chemicals to the brain which reduce anxiety, stress and increases mood.
- ❖ Continuously awake for 2 weeks can kill you.



IF LIFE IS

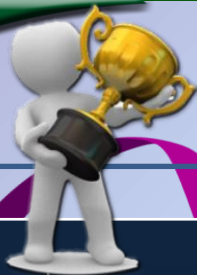
Karishma
B.Pharm 2nd Year



If life is a Poem,
and WRITE IT
If life is a Cricket Match,
Be STEVE and WIN IT
If life is a Score,
Be SACHIN and BREAK IT
If life is a Song,
Be LATA MANGESHKAR and SING IT
If life is a Struggle,
Be GANDHI and FIGHT IT
If life is a Play,
Be AN ACTOR and ENJOY IT
If life is a n Invention,
Be COLUMBOUS and ACHIEVE IT
If life is a n EXAMINATION,
Be a STUDENT and SUCCEED IN IT
If life is a n AIM,
Keep on TRYING and GET IT



"मुश्किलें वो चीज़े होती है. जो हमें तब दिखती है जब हमारा ध्यान लक्ष्य पर नहीं होता." - हेनरी फोर्ड



Meritorious Students of B.Pharm Odd Sem (2015-16)

	1 ST	2 nd	3 rd
1st Year (B.Pharm.)	  Samar Shahid 81.2 % Prachi Shukla 81.2 %	 Fatma Zehra 80.2%	 Manali Gupta 80.1 %
2nd Year (B.Pharm.)	 Mr. Pankaj Garg 83.5 %	 Mr. Nitank Agarwal 82.5 %	 Ms. Karishma 79.30 %
3rd Year (B.Pharm.)	 Ms. Anju Bhati 84.5 %	 Ms. Manika Kulshreshtha 80.1 %	 Mr. Mohan Prakash 75.8 %
4th Year (B.Pharm.)	 Ms. Nandini Pathak 83.0 %	 Sanchita Kanjilal 82 %	 Bhavna Nohwar 79.8 %

Publications

1. Zoya Shikh, Samresh Pal Roy, Pankti Patel, **Kashmira Gohil**. Medicinal value of *Mimosa pudica* as an anxiolytic and antidepressant: a comprehensive review. *World J Pharm Pharm Sc* 2016; 5(3): 420-32. ISSN: 2278-4357. SJIF: 6.041.
2. **Kumawat MK** and Chetia D. Molecular Docking Studies of Some Novel Hybrid Tetraoxaquinones & Dispirotetraoxanes as Antimalarial Agents. *International Journal of Pharmaceutical Sciences and Research* 2016, 7(3), 1353-1364.
3. Baiyy PS, Das A, Nainwal LM, Mohanta TK, **Kumawat MK**, Mohapatra PK and Parida P. Design, Synthesis and Anti-Diabetic Activity of Some Novel Xanthone Derivatives Targeting α -Glucosidase. *Bangladesh Journal of Pharmacology* 2016, 11, 308-318. (Impact Factor-1.052)

नितांक के तर्क ने दिलाई जीत

आगरा: किशोरों की अपराधिक प्रवृत्ति को लेकर छात्र नितांक द्वारा दिए गए तर्क ने हॉल में मौजूद श्रोताओं को सोचने पर मजबूर कर दिया। प्रभावित हो निर्णायक मंडल ने प्रथम पुरस्कार प्रदान किया। आनंद कॉलेज ऑफ फार्मसी के छात्र नितांक ने प्रदेश स्तरीय फेस्ट में वाद-विवाद में प्रथम स्थान प्राप्त किया।



वाद-विवाद प्रतियोगिता में प्रथम स्थान प्राप्त करने वाले नितांक।

अंग्रेजी की वाद-विवाद प्रतियोगिता का विषय था, शुड जुवेनाइल वी ट्रीटेड एज एडल्ट। आनंद कॉलेज फार्मसी के छात्र ने पक्ष में बोलते हुए कहा कि किशोर पूरी तरह परिपक्व नहीं होते लेकिन समाज में हो रहे बदलावों को समझने लगते हैं, वर्ष 2014 में हुए दुष्कर्मों में से 28 फीसद केसों में किशोर शामिल थे।

कसाब का उदाहरण देते हुए कहा कि अगर आतंकवादी कसाब पर उसे माता-पिता ने किशोरावस्था में ध्यान दिया होता तो मुंबई हमले से बचा जा सकता था। संस्थान की निदेशिका डॉ. कश्मीरा जे गोहिल व सांस्कृतिक समन्वयक मोनिका सिंह ने इस उपलब्धि के लिए बधाई दी। प्रतियोगिता अब्दुल कलाम टेक्निकल यूनिवर्सिटी द्वारा आयोजित की गई थी।

डा. एपीजे यूनिवर्सिटी फेस्ट में छाया नितांक

DLA News

आगरा। डा. एपीजे अब्दुल कलाम टेक्निकल यूनिवर्सिटी (लखनऊ) में हुए स्टेट टेक्निकल लिटररी एंड मैनेजमेंट फेस्ट-2016 में फार्मसी के छात्र नितांक अग्रवाल ने खासा नाम कमाया। इंग्लिश डिबेट में छात्र ने प्रथम स्थान हासिल किया। आनंद कॉलेज ऑफ फार्मसी के छात्र नितांक ने 41 कॉलेजों के छात्रों के बीच यह सफलता हासिल की। फेस्ट का आयोजन एबीएस कॉलेज (एनएचएसएच) में हुआ। वाद-विवाद प्रतियोगिता का विषय 'यांग अपराधिकों को क्या चाहिए अपराधिकों को तरह-तरह के कानून चाहिए' था। विषय के पक्ष में नितांक ने कहा कि कम उम्र में किशोर होने पर कानून नहीं होना चाहिए।

डिबेट में भाग लेने वाले बहसकारों को समझने लगते हैं। उन्होंने आंकड़े प्रस्तुत करते हुए कहा कि वर्ष 2014 में हुए अपराधों में 28 प्रतिशत किशोर ही शामिल पाए गए थे। निर्णय कठोर, सख्त फिल कार्रवाया प्रकरण इसके उदाहरण हैं। उन्होंने कहा कि यांग-पिण्ड को सही भूमिका दिखानी चाहिए। यदि आतंकवादी कसाब पर उमरें यांग-पिण्ड ने किशोरवस्था में ही ध्यान दिया होता तो फाल में 26-11 नैसबत बचाव नहीं होता। उन्होंने कहा कि कानून में छूट होने की वजह से किशोरों द्वारा बलाकर्म, खून, चोरी आदि भी घटते हैं। फेस्ट में कुल 231 स्टूडेंट्स ने प्रतिभाग किया था। फाइनल टॉप के चारों फ्रेडिरेट प्रथम स्थान, निरंशिक डा. कश्मीरा जे गोहिल, कल्याण का आर्डीनेट डा. मोनिका सिंह ने छात्र को मिली सफलता के लिए उन्हें बधाई दी।



स्टेट टेक्निकल लिटररी एंड मैनेजमेंट फेस्ट में हुए इंग्लिश डिबेट में प्रथम स्थान हासिल करने वाला छात्र नितांक अग्रवाल।



लखनऊ में आयोजित फेस्ट-2016 में सम्मान प्राप्त करते नितांक।

स्टेट लेबल फेस्ट में नितांक बने विजेता

आगरा। डॉ. एपीजे अब्दुल कलाम टेक्निकल यूनिवर्सिटी लखनऊ में आयोजित स्टेट टेक्निकल लिटररी एंड मैनेजमेंट फेस्ट-2016 का आयोजन किया गया। इसमें आनंद कॉलेज के बीफार्मा द्वितीय वर्ष के छात्र नितांक अग्रवाल ने प्रथम स्थान हासिल किया। फेस्ट में 41 कॉलेजों के करीब 231 छात्रों ने भाग लिया था। छात्र नितांक ने वाद-विवाद प्रतियोगिता में अपराध में किशोरों की भूमिका के पक्ष में अपने तर्क रखे। संस्थान के निदेशक डॉ. मीरा जे मोहिल, डॉ. मोनिका सिंह, प्रदीप मेहता ने छात्र को बधाई दी।

डिबेट में आनंद कालेज का नितांक प्रथम

आगरा। डा. एपीजे अब्दुल कलाम टेक्निकल यूनिवर्सिटी, लखनऊ के स्टेट टेक्निकल लिटररी एंड मैनेजमेंट फेस्टिवल 2016



में आनंद कालेज आफ फार्मसी के छात्र नितांक अग्रवाल ने इंग्लिश डिबेट में प्रथम स्थान पाया। फेस्टिवल का आयोजन एबीईएस कालेज, गाजियाबाद में 18, 19 मार्च को हुआ था। डिबेट का विषय था, 'वया अपराध के मामले में किशोरों से वयस्कों जैसा व्यवहार होना चाहिए'।



"साथ आना शुरुआत होती है; साथ रहने से प्रगति होती है; और साथ कम करने से सफलता मिलती है." - हेनरी फोर्ड

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आनंद कॉलेज ऑफ फार्मसी के चयनित छात्र-छात्राएं।

जागरण

मेधावी छात्रों का विभिन्न कंपनियों में चयन

आगरा: आनंद कॉलेज ऑफ फार्मसी के 12 मेधावी छात्र-छात्राओं का चयन विभिन्न कंपनियों में हुआ है।

संस्थान की निदेशिका डॉ. कश्मीरा जे गोहिल के अनुसार एरिस लाइफ इंश्योरेंस, सेडना बायोटेक प्रा. लिमिटेड, संयोग फार्मा, पैक्सन फार्मास्यूटिकल्स में छात्र आकर्षक पैकेज पर गए हैं।

चयनित छात्रों में नंदिनी पाठक, कविता राठौर, अनिरुद्ध प्रताप सिंह, उदित कुमार, रहलुल त्यागी, भावना नौहवार, सदानंद यादव, अक्षत भटनागर, हरिओम तोमर, धनंजय शर्मा, आशिनी सिंह, आयुष श्रोतिया शामिल हैं।

शारदा ग्रुप के कार्यकारी उपाध्यक्ष प्रदीप महया ने छात्रों को बधाई दी।



आनंद कॉलेज में हर्बल चाय बनाने वाले छात्रों के साथ शिक्षिका। • हिन्दुस्तान

छात्रों ने बनाई आयुर्वेदिक चाय

आगरा। आनंद कॉलेज ऑफ फार्मसी में छात्रों ने आयुर्वेदिक चाय का निर्माण किया है। बीफार्मा के छात्र यामिनी गुप्ता, अलीशा शर्मा, नीरज कुमार ने प्रोजेक्ट इंचार्ज प्रियंका श्रीवास्तव के निर्देशन में हर्बल चाय बनाई है। प्रोजेक्ट ने शारदा ग्रुप के इन्वेंशन डे प्रतियोगिता के नॉन वर्किंग प्रोजेक्ट में पहला स्थान प्राप्त किया है। डीन डा. मीरा गोहिल ने बताया कि हर्बल चाय बहुत ही लाभकारी है। इसे तुलसी, अदरक, चूर्ण, सौंफ, इलायची, काला नमक और साइट्रिक एसिड के तत्वों के मिश्रण से बनाया गया है। मधुमेह रोगियों के लिए यह बहुत लाभदायक है। चीनी के स्थान पर स्टीविया पौधे की पत्तियों का प्रयोग किया गया है। इससे बीपी, कोलेस्ट्रॉल स्तर, शुगर, सर्दी, जुकाम पर काबू पाया जा सकेगा। वाइस चेयरमैन वाइकि गुप्ता ने छात्रों को बधाई दी है।



फार्मसी के छात्रों ने बनाई हर्बल टी

♦ मधुमेह रोगियों के लिए लाभदायक है यह चाय

आगरा: आनंद कॉलेज ऑफ फार्मसी के छात्र-छात्राओं ने प्रयोगशाला में हर्बल टी तैयार की। इस प्रोजेक्ट को शारदा ग्रुप ऑफ इंस्टीट्यूट द्वारा आयोजित इन्वेंशन डे में नॉन वर्किंग प्रोजेक्ट की श्रेणी में प्रथम स्थान मिला।

कॉलेज की डीन डॉ. कश्मीरा जे गोहिल तथा प्रोजेक्ट को-आर्डिनेटर प्रियंका श्रीवास्तव ने प्रोजेक्ट की सराहना की। बताया कि हर्बल चाय बहुत ही लाभकारी पेय है। इसमें तुलसी, अदरक चूर्ण, जीरा चूर्ण, सौंफ, इलायची चूर्ण के साथ काला नमक और साइट्रिक एसिड मिलाया गया है।

मधुमेह रोगियों के लिए इसमें शुगर के स्थान पर स्टीविया की पत्तियां उपयोग में लाई गई हैं। उच्च रक्तचाप को कम करने, कोलेस्ट्रॉल का स्तर कम करने, रक्त में शुगर की मात्रा घटाने में हर्बल चाय लाभकारी है। तुलसी चूर्ण यूरिन में बनने वाले यूरिक एसिड के स्तर को कम करता है। अदरक चूर्ण जीवाणुओं के संक्रमण से शरीर को सुरक्षित रखता है। जो व्यक्ति चाय को तरह रूप में नहीं लेना चाहता, वह इसे टैबलेट के रूप में ले सकता है।

चाय तैयार करने वाले विद्यार्थियों में यशी गुप्ता, अलीशा शर्मा तथा नीरज कुमार शामिल हैं।

हर्बल चाय बनाकर पाया प्रथम स्थान

आगरा (ब्यूरो)। आनंद कॉलेज ऑफ फार्मसी के विद्यार्थियों ने यशी गुप्ता, अलीशा शर्मा, नीरज कुमार ने शारदा ग्रुप के इन्वेंशन डे में हर्बल चाय बनाकर प्रथम स्थान प्राप्त किया है। मंगलवार को विद्यार्थियों ने इसमें शुगर के स्थान पर स्टीविया पौधे की पत्तियां डाली गई हैं। मौके पर प्रोजेक्ट को-आर्डिनेटर प्रियंका श्रीवास्तव, कश्मीरा जे. गोहिल आदि मौजूद रहे।



शारदा ग्रुप के इन्वेंशन डे के विजेता पुरस्कार लेते हुए।



"A successful man is one who can lay a firm foundation with the bricks others have thrown at him." - David Brinkley



Placements of B.Pharm final year Students (till Mar. 2016)

SANYOG PHARMA



Ms. Nandini Pathak



Ms. Kavita Rathor



Mr. Hariom Tomar



Mr. Sadanand

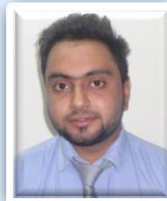
GELNA BIOTECH



Mr. Akshat Bhatnagar



Ms. Ashini Singh



Mr. Dhananjay Sharma

LIFE CELL



Mr. Ayush Shrotiya



Ms. Bhavna Nohwar

E4E HEALTHCARE SERVICES



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PAKSON PHARMAC--EUTICAL PVT. LTD.



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Mr. Barendra Nath Kanjilal
Sanchita's Father, B.Pharm, 4th Year

Very well experienced team of teachers. The teachers are very good and thorough."

Mr. Neeraj Kumar Agrawal
Pankaj's Father, B.Pharm, 2nd year

Excellent. Teaching was interesting and very valuable. Includes books in the book banks to use at home."

Mr. Duagar Singh
Mohan Prakash's Father, B.Pharm 3rd Year

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It is a thousand times better to have common sense without education than to have education without common sense. - Robert Green Ingersoll